

East County Intercom



Isiah Leggett, County Executive

Anise Key Brown, Director

Timothy Firestine, Chief Administrative Officer

Stephen A. Jacobs Esq., ECCAB Chair

Newsletter

May 2007

UPCOMING EVENTS AT THE CENTER -

Washington Adventist Hospital - Mr. Jere Stocks, President, Washington Adventist Hospital will be speaking at the East County Citizen's Advisory Board (ECCAB) meeting scheduled on **Wednesday, May 2, at 7:30 pm** at the Center located at 3300 Briggs Chaney Road in Silver Spring. Mr. Stocks will update us on the recent developments at the hospital. For more info. call 240-777-8400.

Free Transportation to Job Fair for Area Residents - Take advantage of a free bus trip to Congressman Albert Wynn's 15th Annual Job Fair on **Monday, May 7, 2007**. The Montgomery County Ride On bus will depart from the **Eastern Montgomery Regional Services Center at 10:00 am and return at 3:00 pm**. Check out over 200 businesses offering employment opportunities, including federal and local government agencies. The Fair is being held at the Prince George's Sports & Learning Complex at 8001 Sheriff Road in Landover. There is no admission charge. Bring your resumes & dress to interview. To reserve a seat on the bus, call 240-777-8400. For additional information about the Job Fair call 202-226-5627.

Workshop for Parents - The Eastern Montgomery Regional Services Center and the YMCA Youth & Family Services will host a workshop for parents called "Raising Responsible Children." The workshop will take place on **Monday, May 14 from 7:00 pm to 8:30 pm at the Center**. The workshop will teach parents how to raise responsible, accountable kids, view issues from a child's perspective, create a family checklist and prepare for obstacles. Chores, allowances & family commitments will be addressed. *The fee for the workshop is \$10 for individuals and \$15 per couple.* Seating is limited so pre-registration is requested. Interpreters are available with a minimum of three days notice. For more information or to register call 240-777-8400.



Clergy Leaders Luncheon - The Eastern Montgomery Regional Services Center and the Clergy Leaders of East County will host a luncheon for Clergy Leadership on **May 22, from 11:45 am to 2:00 pm, at the Eastern Montgomery Regional Services Center**. The Luncheon is designed to update our Clergy Leaders about current issues that may affect them, and to hear from the Leaders what their key concerns are. Clergy Leaders from throughout the East County are being invited. The topic for this luncheon is Affordable Housing with a focus on goals, activities, accomplishments, plans, etc. for affordable housing in Montgomery County, and how that will affect East County. The list of speakers include Richard Nelson, Director, Department of Housing and Community Affairs, Alisa Glassman, Lead Organizer, Action In Montgomery, Charles Day, speaker for Habitat for Humanity -Montgomery County. Lunch is being provided by the Regional Services Center. Contact 240-777-8400.

Transportation Forum - To help residents better understand the region's transportation infrastructure and ongoing changes, a **Transportation Forum** is being held on **Saturday, June 2, 2007 from 10:00 a.m. to 12:00 p.m.** Residents will have the opportunity to provide input & suggestions for improvements. The forum is being provided by the East County Citizens Advisory Board (ECCAB) in conjunction with the Eastern Montgomery Regional Services Center (EMRSC) and is being held at the Eastern Montgomery Regional Services Center. For more information, contact (240)777-8400.



Community Yard Sale at the Eastern Montgomery Regional Center - The Eastern Montgomery Regional Services Center is hosting a fund-raising Community Yard sale in the parking lot of the Center located at 3300, Briggs Chaney Road, Silver Spring, MD 20904. The sale will commence on the third Saturday from June until October 2007 (**June 16, July 21, August 18, September 15 and October 20**) from **8 am until 1 pm**. The proceeds of the sale will be donated to the local charities. **To reserve your parking space and for parking rates call 204-777-8400.**



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Topics of Interest

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- Updates on Project "CLEAN", Spanish Classes, Citizenship, Free ESOL classes at EMRSC
- Employment Services at EMRSC
- Quote of the month, Recipes
- East County Citizens Advisory Board Meeting Information
- The Peoples Community Wellness Clinic
- Health and Human Services
- The Third District Police Station

**FOR PROJECT "CLEAN"
APPLICATION UPDATES, VISIT
www.montgomerycountymd.gov/eastco**

CURRENT ON-GOING EVENTS AT THE CENTER



Spanish Class - With the area's growth in non-English speaking families, many area residents have opted to join in with efforts to bridge communication gaps by taking advantage of a Spanish class being offered at the Eastern Montgomery Regional Services Center. "*Critical Aspects of Communicating in Spanish*" is a seven week course designed for the beginning learner of Spanish. For its first time offered at the Center, the class started with 25 students enrolled and more than a dozen on the waiting list. The Center plans to offer additional language classes in the future.

Employment Services Offered in East County - The Eastern Montgomery Regional Services Center, in cooperation with the Montgomery Works Career Development Center, continues to provide employment assistance on the **third Thursday of each month**. The next day to receive assistance at the Center, located at 3300 Briggs Chaney Road in Silver Spring, is **May 17; 8:30 am to 5:00 pm**. Individuals can get help with skill assessments; resume writing, interviewing, career planning, networking and using computers to find job opportunities. For more information, or to schedule an appointment, call 240-777-8400.

FREE ESOL Classes being offered- The Eastern Montgomery Regional Services Center, in partnership with the Chinese Culture and Community Center, offers daytime ESOL (English for Speakers of Other Languages) classes for adults. The classes meet on **Wednesdays from 10 a.m. to noon for 20 weeks**. Space is still available for beginners and advanced levels. All classes are offered free of charge, however a \$10 refundable deposit and \$18 book fee are required. To sign up for a class or to receive more information, call 240-777-8400.



Free Citizenship Classes— The Citizenship Preparation Classes continue to be held at the Eastern Montgomery Regional Services Center. The class is being provided in partnership with the Montgomery County Refugee Training Program. Students taking the classes prepare to become U.S. citizens by studying for three required tests – English, History/Government, and a Face-to-Face Interview with an immigration officer. Students are given classroom instruction as well as individual tutoring by a staff of trained volunteers from the community. The class meets on Thursday mornings from 9:30-12:00 and will continue to accept new students. Residents must possess a green card to receive individual tutoring by a staff of trained volunteers from the community. The class meets on Thursday mornings from 9:30-12:00 and will continue to accept new students. Residents must possess a green card to participate.

EVENTS HELD AT THE EASTERN MONTGOMERY REGIONAL SERVICES CENTER

Train the Trainer on Financial Literacy - Richard Nelson, Director of Montgomery County's Dept. of Housing and Community Affairs, provided welcoming remarks to over 65 people who attended the Train the Trainer Seminar held at the Eastern Montgomery Regional Services Center on **April 19th**. The event was sponsored by the Montgomery County Department of Housing and Community Affairs, Consumer Action Agency, and the Montgomery County Coalition for Financial Literacy, in conjunction with the Regional Services Center. The seminar provided financial literacy training to program directors, financial counselors, social workers, educators and other interested individuals who offer financial assistance. Topics included: Managing Your Money Wisely, Tracking Your income, Building Good Credit, and Saving to Build Wealth. For more information on the Montgomery County Coalition for Financial Literacy contact Myriam Torrico at 240-777-3627 or Myriam.Torrico@montgomerycountymd.gov.



Public Hearing on Ride On Route 21 - A Public Hearing was held on **Tuesday, April 17, 2007** to discuss proposed Ride On service, Route 21. The new Ride-on Route 21 proposes to operate between the Briggs Chaney Park and Ride lot to the Silver Spring Metro Station. The route will service the areas of *Tanglewood, Fairland Road, Tamarack Road, Dumont Oaks and Four Corners*. The purpose of the forum was to hear comments from the East County community and existing Ride On customers regarding the proposed service for the Route 21. For more information, go to http://www.montgomerycountymd.gov/content/dpwt/transit/route21notice07_r2.doc

Entrepreneurship for Women- State Senator Rona Cramer and State Delegate Herman Taylor shared their experiences as business owners, while County Council President Marilyn J. Praisner and DeVance Walker, Jr., Ph.D., Manager Small Business Services, Department of Economic Development, shared their knowledge of the county's state of affairs at "The Business of Your Dreams" workshop held at the Eastern Montgomery Regional Services Center on **Saturday, April 21st**. The event was sponsored by the Potomac Valley Alumnae Chapter of Delta Sigma Theta Sorority, Inc. and the Regional Services Center. The *objective* of the Entrepreneurship Workshop was to promote economic empowerment through entrepreneurship among women in Montgomery County. Glenna Cush of the Maryland Small Business Development Center discussed how to start, grow, and succeed in a new business venture; Fizie Haleem, Business Review Specialist, Department of Economic Development, shared knowledge of business marketing; and, Sheila Woodard, CPA, talked about how to finance a new business.



County Council President Marilyn J. Praisner gives welcome



State Senator Rona Cramer receiving certificate from Potomac Valley Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

Eastern Montgomery Regional Services Center participates in Cloverly Day Fair—Cloverly Day was celebrated on April 28 at the new Cloverly Towne Center. The Cloverly Community got together to celebrate Spring. Music, moon bounce, games, give-aways, tasting and lots of fun activities were supported by the local business and residents. State Senator Rona Kramer, State Delegate Herman Taylor, State Delegate Karen S. Montgomery were present at the fair.



Delegate Karen Montgomery and Mr. Montgomery at Cloverly Day fair



EMRSC booth—Outreach to Citizens

The Peoples' Community and Wellness Center (TPCWC) at EMRSC

A COOPERATIVE Venture between the People's Community Wellness Center (TPCWC), Eastern Montgomery Regional Services Center (EMRSC) and Mobile Med.

Hours : Monday-Tuesday 8:30am—4:30 pm /Wed.-Thursday 2:00pm—10:00 pm / Friday : 8:30 am—4:30 pm

All patients are seen by appointment only. No Walk-Ins will be taken

Women's Clinic (Appointment Required) : 1st Thursday Night of Every Month

Men's Clinic (No Appointment Required) : 2nd Thursday Night of Every Month

TPCWC and Mobile Medical cannot provide Emergency Care.

Patients requiring Emergency Care should dial 911 or report to the nearest hospital emergency room.

If you have additional questions, you can contact TPCWC at (301) 847-1172 or www.pcw.onehealthylife.org



**Free Compost Bins
available at EMRSC
Call 240-777-8400
8:30 am -5:00 pm**



MEET YOUR COUNTY

A series of articles describing services in Eastern Montgomery

Who	Mobile Medical Care, Inc. (Mobile Med)– Eastern Montgomery Clinic
Mission	To provide quality health care to Montgomery County's homeless, low income, uninsured, and working poor. Services are delivered at no or low cost in a respectful, competent, and compassionate manner.
Major Functions	There are now over 100,000 persons in Montgomery County who cannot afford to obtain medical care, patients who are primarily the uninsured, homeless, unemployed, political refugees, victims of torture, and immigrants from throughout the world. MobileMed at the Eastern Montgomery Regional Services Center and the other community clinics are doing their best to address this need. MobileMed has just placed in service its third mobile medical van and now runs 19 clinics throughout the county, providing comprehensive quality primary and preventive medical care at low or no cost.
Services Provided	The MobileMed began providing health care at the Eastern Montgomery Regional Services Center in August of 2006, through a partnership among Adventist HealthCare, Mobile Medical Care, and The People's Community Wellness Center (TPCWC). Along with primary and preventive health care services, MobileMed offers treatment and management of chronic diseases, diagnostic testing, vaccinations, immunizations, medications, medical supplies, and access to specialty care. Care is available on a walk-in basis at this site each Thursday from 8:30 a.m. to 12:30 p.m. The Center is located at 3300 Briggs Chaney Road, Silver Spring. The MobileMed's health care expands the services currently being provided at the Center by the TPCWC. TPCWC also offers clinical services to individuals who have no health insurance. After more than one year of study, MobileMed's Clinical Quality Committee released the results of its Hazard Vulnerability Analysis and Comprehensive Emergency Preparedness Plan, the only one of its kind in Montgomery County. MobileMed is now better positioned to provide leadership in our community's response to bioterrorism, pandemics and other crises.
Other Important Facts	
Location	Eastern Montgomery Regional Services Center 3300 Briggs Chaney Road, Silver Spring, MD 20904
Contact	Robert Spector, Executive Director, 301-841-0841

Conference Room Layouts at EMRSC

Meeting and conference room space is available for community use. The rooms have wireless internet connectivity, several wall-mounted projector screens and can seat from 20 to 70 persons. To reserve space, call the CUPF agency at 240 777-2706



NEWS AND TIPS FROM MONTGOMERY COUNTY POLICE DEPARTMENT



Early in 2007 there were several burglaries in the northern area of Silver Spring along Route 29. Our detective section was able to develop a suspect, a Silver Spring resident, and sent out several uniformed and plain-clothes officers to locate him. A burglary call was received in late February, and the officers responded to the area to look for the suspect. The suspect was located near the Fairland Library and a chase ensued. Two Silver Spring officers attempted to tackle the individual, at which time he pulled a gun on the officers. A struggle ensued and a round was discharged by the suspect, though no one was injured as a result of the weapon, and the suspect was arrested. The gun was discovered to be stolen from a local burglary and the investigative unit was able to close approximately 30 burglaries on the one suspect. To help prevent burglaries, please make sure your doors and windows are locked and garage doors are closed when not at home. Trim shrubs to a height of 3'-4' feet and make sure trees are limbed-up to 6' to allow visibility under the lowest branches. Encourage neighbors to call for suspicious activity on your behalf. If you are out of town, stop newspaper and mail delivery, use light timers, make sure exterior lights are on and ask neighbors to park in your driveway to make the house look "lived in". If you observe suspicious activity, please notify the police at 301-279-8000 for assistance. Be sure to explain the situation and descriptions of people and vehicles to the best of your ability. You may remain anonymous if you prefer. For further information, click <http://www.montgomerycountymd.gov/poltml.asp?url=/content/pol/ask/silverpring/index.asp>

IMPORTANT POLICE DEPARTMENT HOTLINE NUMBERS

GANG TIP HOTLINE	240-773-4264
DRUG TIP HOTLINE	240-773-3784
ABANDONED VEHICLES	301-840-2454
CRIME STATISTICS LINE	240-773-5125
POLICE NON-EMERGENCY	301-279-8000 (to file a police report)
RECORDS DIVISION	240-773-5330 (to obtain copies of reports)
3rd DISTRICT STATION	301-565-7740 (finger printing/accident reports)
JOB LINE	240-773-5300 (push "5")
ANIMAL SERVICES	240-773-5925

Montgomery County Police Department
3rd District Police - Silver Spring
801 Sligo Avenue,
Silver Spring, MD 20910
Tel #(301) 565-7740

UPCOMING COMMUNITY EVENTS IN THE EAST COUNTY

Run, Walk for Charity -The third annual Race for a Dream 5K Run/3K Walk will be held **May 6** at **James Hubert Blake High School, 300 Norwood Road in Silver Spring**. *Registration begins 8 a.m. and the race starts 10 a.m.* Registration is \$10 through May 4 and \$20 on the day of the event, which is open to the community and promotes teen driver safety. Prizes will be awarded to the top runners and participants with the largest amount donations. Following the race, there will be live music, face painting and dance performances. Proceeds benefit the Alicia Betancourt Prize for Excellence in the Arts, a \$4,000 scholarship named after a Blake student who died in a car accident in September 2004, and the Blake After Prom party. For more information or to download a registration form, visit <http://www.montgomeryschoolsmd.org/schools/blakehs/Race/IndexR.htm>

Public Presentation Schedule - Good Hope Community Center Tuesday, May 8, 2007, 7:00pm -The Department of Recreation is evaluating 8 centers for possible rehabilitation projects to be recommended in the Fiscal Year 2009-2014 Capital Improvement Program. The Good Hope Community Center is one of the eight facilities under study in the East County region. Public presentations and input sessions will be held at each of the target centers in the next two months. These will include a brief report on existing facility conditions and discussion of current and future program, activity, and service needs. This is the community's opportunity to provide information to be used in the development of the recommendations for rehabilitation of the centers.

Congressman Albert Wynn to host Montgomery County Town Hall Meeting —The Congressman is having a Town Hall Meeting at Paint Branch High on **Tuesday, May 8, 2007, 7 p.m. to 8 pm** at **Paint Branch High School, 14121 Old Columbia Pike, Burtonsville, MD 20866**. The purpose is to discuss the priorities of the Democratic Congress and will focus on the War in Iraq and Global Climate Change. Also topics of discussion are *education, health, and environment and preservation issues*.

Citizens Involved Discuss Community Issues— Approximately 15 concerned residents from the East County area gathered at the Eastern Montgomery Regional Services Center on April 11th for the third meeting of the newly formed association of "Citizens Involved." Eileen York led the group in discussions on issues involving the local community. The issue of bringing trash pick-up to the area brought varying opinions from attendees. Having this service provided by the county, although less expensive, would mean having trash picked up only once per week, rather than twice a week, which is what some households now have. In order for the county to consider bringing trash pick-up services to a new area, a petition with 200 signatures indicating interest needs to be provided. A petition is currently being circulated to acquire these signatures. The other issue dominating discussions was the fate of the Dutch Market at the Burtonsville Shopping Center. Mr. Katz, owner of property behind the Market's present location, has considered constructing a building and parking area. A service road as a rear entrance for current businesses on this property is planned for next spring. Citizens Involved is a new organization in East County intending to foster citizen participation and effectiveness in their community. **Their next meeting is being held at the Paint Branch High School on May 9th at 7:30 p.m.** For more info, click <http://montgomerycountymd.gov/content/rsc/eastco/Flyers/citizensinvolvedflyerformmeetingon5-9-0701.pdf> or contact Eileen York at (citizensinvolved@comcast.net)

Montgomery County Elementary School - Dr. Charles R. Drew Elementary school is offering a wonderful new program. The Arts Integrated Model School has a student written and produced opera by the 2nd graders on **May 10, @ 7:00 pm** at the school all purpose room. For more information, contact Gail Scott-Parizer, Principal, Dr. Charles R. Drew Elementary, 1200 Swingingdale Dr, Silver Spring, MD or call 301-989-6930



Tamarack is Having a Parade ... and You're Invited to Join In ! - Come watch the Tamarack Triangle Community Day 2007 Parade on **Saturday, May 12**. *Everyone is welcome!* The parade will begin at 10 a.m., proceeding down Tamarack Road from Morningside Drive, just north of East Randolph Road, to the Page Elementary School—a distance of approximately 0.8 mile. After the parade, at 11:30 am, there will be a short program with County Executive Isiah Leggett, Council President Marilyn J.



Praisner, State Legislators Herman Taylor and Karen Montgomery, past principal Fred Green and other local and educational officials. Then the real fun begins for the children: a carnival with face painting, games and rides will be held on the playground. Fun will also be available. There will also be exhibitors and demonstrations on the school's grounds, free health screenings, etc. Phone 301-384-5826 or 301-351-7996 or e-mail bicarbdj@msn.com for more information or to arrange for your group to take part in the parade. Musicians are particularly welcome, as are scouts, other groups and kids on decorated bikes, trikes, scooters or skateboards, or even in strollers (with parents). Community Day 2007 is being held in conjunction with Page's annual PTA-sponsored carnival this year to celebrate 40 years of TTCA-Page PTA cooperation—"unity in community."



Burtonsville Businesses Form Association - The first meeting of the Burtonsville Business Association was held on April 15th. Their objective is to promote issues affecting the vitality of the local business district. Among other issues, the association is focusing on the need for improved signage. Joe Pignataro, former Burtonsville restaurant owner, will serve as the Association's first President. Moreen Roloff, Manager of the Crossing's branch of Long & Foster Realty will be the first Vice President and Bergie Peares, also of Long & Foster, will serve as Secretary. Sherri Craft, Starbucks store manager, will be Treasurer. **The next meeting of the Association will be held in the conference room of Long & Foster Realty on Sunday, May 19th, at 3 pm. All interested business owners in the Burtonsville area are encouraged to attend association meetings.** More information may be obtained by contacting Eileen York, 301-384-8888 or citizensinvolved@comcast.net



24th Annual Colesville Strawberry Festival - Strawberries, ice cream, craft and plant sales, children's games and rides, entertainment and auctions are all part of this year's Strawberry Festival. The day long event is being held on **Saturday, May 19, 2007**, at the Old Colesville School on the corner of New Hampshire Avenue and Hobbs Drive (one mile north of Randolph Road). For more info. click <http://montgomerycountymd.gov/content/rsc/eastco/Flyers/strawberryfestivalflyer07.pdf>



Shri Mataji Nirmala Devi
founder of Sahaja Yoga

Sahaja Yoga Meditation - FREE five week course. Starting **May 15th, Tuesdays 7:15pm - 8:15 pm** at the Eastern Montgomery Regional Services Center – Sahaja Yoga International proudly presents a **FREE five week course** on Sahaja Yoga Meditation. The course will offer the experience of Self Realization, through the awakening of the inner Kundalini energy, blended with hands-on workshops, information sessions, audio/video presentations and even musical workshops. The Sahaja Yoga Group in the Greater Washington Metropolitan Area has been providing free meditation workshops, classes and information sessions to communities such as Silver Spring for over a decade now. Sahaja Yoga is a worldwide volunteer organization operating under the banner of Vishwa Nirmala Dharma, a non-profit, 501(c)3 group. True to Shri Mataji's words, founder of Sahajayoga, "*Truth cannot be manufactured or sold!*", Sahaja Yoga classes are offered, free of charge, in over 36 major metropolises in the United States. For more information, visit www.sahajayoga.org or email: MDyoga@gmail.com / contact (410)305-0799



Seeks Residents for Committee -The Housing Opportunities Commission (HOC) of Montgomery County seeks to enhance its relationship with the community by creating a committee of residents. The committee will help the Commission understand how they can improve communication between HOC and the community and will help determine additional steps that can be taken to make sure that HOC is a positive force in its neighborhoods. HOC owns thousands of housing units, is a member in approximately 250 homeowner associations, and is one of the largest landlords in the county. They have issued more than 5000 vouchers to their clients for reduced rents in all areas of the county. HOC believes it would benefit both them and the community to draw together a small group of county residents who are interested in housing and community-building activities. Please contact Eastern Montgomery Regional Services Center at 240-777-8400, if you would like to represent East County residents on this committee.

DID YOU KNOW ? Blake Spanish teacher earns Agnes Meyer Award - Teresa Goodman walked around her level-three honors Spanish class at James Hubert Blake High School, putting quizzes face-down on students' desks. Goodman was named the 2006-2007 recipient of the Agnes Meyer Outstanding Teacher Award for Montgomery County last month. The Washington Post presents the award each year to a teacher from each of the Washington metropolitan school districts. She will be recognized at a reception next week. For more information, click http://www.gazette.net/stories/041807/burtnew214157_32326.shtml

The Eastern Montgomery Regional Services Center congratulates The Ahmadiyya Muslim Community, USA for their Foundation Stone Ceremony of the Baitur Rahman Mosque Extension performed on April 28th at 15000 Good Hope Road, Silver Spring, MD

FOR MONTGOMERY COUNTY NEWS - go to
http://montgomerycountymd.gov/Apps/News/press/PR_list.asp



LIBRARY NEWS!

http://www.montgomerycountymd.gov/Apps/Libraries/newsandevents/PR_list.asp

CALENDAR OF EVENTS !

East County Intercom

Fairland Library : *check it out at* <http://www.montgomerycountymd.gov/Apps/Libraries/branchinfo/branchevents.asp?branch=7>

White Oak Library : *check it out at*

<http://www.montgomerycountymd.gov/Apps/Libraries/branchinfo/branchevents.asp?branch=22>

Food & Entertainment

Mother's Day—May 13th is a special day for everyone! We use this day to honor our mothers all over the world! So what are you doing for the best mom in the world?



Tips on celebrating Mother's Day

- Get mom a well-set neat breakfast tray on bed. Include her favorite items for breakfast and make sure you let her sleep late on Mother's Day.
- Place her favorite flowers at her bedside so that she gets the fragrant surprise as soon as she opens her eyes
- Or you can keep a big Mother's Day card (with your own handwritten message) waiting near her pillow.
- Then you can celebrate Mother's Day by taking mom out to lunch or dinner at her favorite restaurant.
- And you can even donate to some social cause which your mom supports. That counts a huge lot, indeed, specially if you consider the appreciation bit.
- Now if you're away from mom and don't get to meet her often, there just cannot be a better celebration than paying her a surprise visit on Mother's Day.
- Spend the day with her and let her know on Mother's Day how much important she is to you and how much you care for her.
- Last but not the least, here's the warmest thing to do on Mother's Day, if you can arrange one—celebrate Mother's Day with the entire family around. Family activity is a winning idea for Mother's Day celebrations. Assign one task each to serve mom so that she doesn't have to do a single thing. Make breakfast, clean the house, wash the linen and the dishes...so on and so forth. Just make sure that "mommy dear" gets a perfect break and enjoys her day.

Check out Recipes for Mother's Day at:

<http://allrecipes.com/HowTo/Mothers-Day-Brunch/detail.aspx>



We Want Your Feedback!

Are there County programs or information you would like to hear more about? Concerns that you would like to see addressed? We would like to hear from you so that we can plan events that better meet your needs.

The Eastern Montgomery Regional Services Center was designed to bring direct services to the East County and to bridge the distance between residents and the County government. Your suggestions, ideas, and recommendations are important to us in our planning efforts. Please bring them to our attention by emailing us at eastco.citizen@montgomerycountymd.gov or by calling 240-777-8400.

Quote of the Month!

Effort is important, but knowing where to make an effort in your life makes all the difference..

— Anonymous

If you have items that you would like to include in our newsletter please forward them to: eastcocitizen@montgomerycountymd.gov

Our next meeting of the East County Citizens Advisory Board (ECCAB), will be held on
Wednesday, May 2, 2007 at 7:15pm at the
Eastern Montgomery Regional Services Center,
3300 Briggs Chaney Road, Silver Spring, MD 20904
(240) 777-8400, Fax (240) 777-8410, TTY (240) 777-8418



Did you know?

[MontgomeryWorks Your Workforce Connection](#)

MontgomeryWorks makes connections between job seekers and employers in Montgomery County. Through innovative programs and services, Montgomery Works simplifies the hiring process. Read more at <http://www.montgomeryworks.com>

To subscribe to our East County Newsletter, click

<https://ext01.montgomerycountymd.gov/entp/s1p/esubpublic/newssubscriber.do>

To review our Welcome Page, click

<http://www.montgomerycountymd.gov/Content/RSC/EASTCO/welcome.asp>

**East County Citizens
Advisory Board (ECCAB)**

Guests are invited to attend the East County Citizens Advisory Board meetings and encouraged to ask questions & provide comments.

If you have questions about an agenda item please contact :
Tel (240) 777-8400
Fax (240) 777-8410
TTY (240) 777-8418

*For special accommodations
please contact our office at least
72 hours in advance*

**Eastern Montgomery Regional
Services Center**

**Anise Key Brown, Director
3300 Briggs Chaney Road,
Silver Spring, MD 20904**

**Tel (240) 777-8400 /Fax (240) 777-8410
TTY/TTD (240) 777-8418**

www.montgomerycountymd.gov/eastco
eastco.citizen@montgomerycountymd.gov

Hours: Monday-Friday 8:30 am - 5:00 pm

LOCATION

**Eastern Montgomery Regional
Services Center**

We are located off Route 29 at 3300 Briggs Chaney Road, between Robey Road and Gateshead Manor Way.

Directions from I-495, the Capital Beltway:
Take the Colesville Road (Rt. 29) exit, going north towards Columbia. Go about 6 miles and take the right exit going east on Briggs Chaney Road. Turn left onto Robey Road and then turn right into our facility. (You can also enter from Gateshead Manor Way.)

By Bus: We are next to the Briggs Chaney Park & Ride Lot, served by Metrobus lines Z6, Z8, Z11, & Z13; and by Ride On Route 39.

The People's Community Wellness Clinic

Primary Health Care Clinic for
uninsured and underinsured adults.

Call 301-847-1172 for appointments

**Monday-Friday
9 am – 4 pm**

Health & Human Services

Department of Health & Human Services
East County Regional Office
3300 Briggs Chaney Road, Silver Spring, MD 20904

Serving Zip codes: 20903, 20904, 20905, 20866, 20868.

**Most services by appointment only.
Please call ahead: 240-777-4470
Monday-Friday 9 am – 4 pm**

Police Third District – Briggs Chaney Substation

A community Police substation is located in our building at
3300 Briggs Chaney Rd.

For assistance, please call:
(240) 773-5800.

The main Police station for our area is:
Silver Spring Police Station,
801 Sligo Avenue, Silver Spring, MD 20910
(301) 565-7744

**Eastern Montgomery Regional Services Center
3300 Briggs Chaney Road
Silver Spring, MD 20904
Phone: 240-777-8400 / Fax: 240-777-8410
e-mail: eastco.citizen@montgomerycountymd.gov
web : <http://www.montgomerycountymd.gov/eastco>**

